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**SUMMARY REPORT**  
**from**  
**VII INTERNATIONAL SCIENTIFIC CONFERENCE**  
**with student session**

***„Theory and practice of adapted physical activity 2023”***

***16-17 November 2023***

***Medical University in Lublin***

◆ Nearly 40 speakers, including foreign guests from Canada, the USA, Portugal, Belgium, Ireland, Australia and Ukraine. Two days of meetings, lectures and workshops in stationary and remote mode at the Faculty of Health Sciences of the Medical University of Lublin - the 7th International Scientific Conference with a student session "Theory and Practice of Adapted Physical Activity", November 16-17, 2023.

◆ The conference began with the welcome of the guests by the chairmen of the Organizing Committee - Agnieszka Karska, MD, PhD, prof. of the university, Ilona Stolarz, Ph.D., and the Chairwoman of the Scientific Committee - Magdalena Zawadka, Ph.D., professor of the university.

◆ Then, Dr. Hab. n. o dr. Mariusz Wysokiński, Dean of the Faculty of Health Sciences of the Medical University of Lublin, took a floor and emphasized the special importance of the event and the scientific issues raised, and also thanked for the continuation of the activities undertaken by prof. Piotr Majcher.

◆ The conference was officially opened by prof. Ph.D. Andrzej Kosmol - President of PTN-AAF.

◆ The opening of the conference was attended by: prof. Bartosz Molik, Ph.D., Rector of the Jozef Pilsudski University of Physical Education in Warsaw, prof. Natalia Morgulec-Adamowicz, Ph.D. the Dean of the Faculty of Rehabilitation of the Jozef Pilsudski University of Physical Education in Warsaw and the heads of the units co-organizing the event.

◆ The highlight of plenary session was opening lecture of prof. David Legg, the President of International Federation of Adapted Physical Activity, who discussed future of adapted physical activity.

◆ The conference focused on contemporary theoretical and practical aspects related to physical activity tailored to various needs. The speakers discussed innovative approaches to adapting physical activity and presented the results of the latest research in this field. It was an excellent opportunity to exchange experiences and establish international cooperation in the area of adapted physical activity.



◆ It is excellent that the 7th International Scientific Conference attracted not only foreign speakers, but also representatives of many national centers, including: UM in Lublin, AWF Warszawa, AWF Katowice, AWF Kraków, AWF Wrocław, UM in Białystok. This diversity of experts from different locations brought a wide range of perspectives and experiences in the field of adapted physical activity.

◆ The event was accompanied by workshops on archery, fencing and wall climbing, which certainly added variety to the conference. Additional activities provided participants not only with theoretical knowledge, but also with practical skills related to various forms of physical activity. It was also a great way to integrate and provide an additional element of interactivity during the scientific event.

◆ Thank you for participating in the 7th International Scientific Conference "Theory and practice of adapted physical activity". Your commitment and contribution to the discussions made the event inspiring and fruitful.

◆ We hope that the contacts established and new perspectives on topics related to adapted physical activity will bring further innovation and progress in this important field. Thank you for your shared passion and presence at the conference.

*dr n. med. Agnieszka Karska*  
*dr n. o zdr. Ilona Stolarz*  
*dr n. o zdr. Magdalena Zawadka*